

## PACKAGE PICKUP & FEES

### PRE-RACE PACKAGE PICKUP

PRE-RACE PACKAGE PICK UP IS STRONGLY ENCOURAGED!!!!

at the following locations on the following dates:

- Rackets & Runners West Van: Wednesday November 16<sup>th</sup>, 5-9pm
- Rackets & Runners Burnaby: Thursday November 17<sup>th</sup>, 5-9pm
- Rackets & Runners Vancouver: Friday Nov. 18<sup>th</sup>, evening 5-9pm and Saturday Nov. 19<sup>th</sup>, 10-5pm

### RACE MORNING PACKAGE PICK UP

Located in the student union building at UBC starting at 6:30am until 15 minutes prior to race start. Don't leave it too late! These races start on time.

### RACE PACKAGE WILL INCLUDE:

- Race bib #
- Timing Chip (please be sure to bring it on race day; you will be charged \$40 for any lost timing chips)
- Safety pins
- Discount coupon to Rackets & Runners stores
- For Half Marathoners *only*: FILA technical hat (\$25 value)

### RACE FEES

	5K	10K	HALF
By Aug. 31st, 2005.....	\$20.....	\$25.....	\$40
By Oct. 31st, 2005.....	\$25.....	\$30.....	\$50
By Nov. 19th, 2005.....	\$30.....	\$35.....	\$60

BC Athletics "athlete" members deduct \$3.

CHECK US OUT ONLINE FOR MORE INFO:

[www.fallclassicrun.ca](http://www.fallclassicrun.ca)

**MEDICAL INFORMATION**  
**AID STATION PRODUCT**  
**RACE ROUTE MAP**  
**ATHLETE VILLAGE LOCATION**  
**PARKING AVAILABILITY**  
**VOLUNTEER OPPORTUNITIES**  
**AGE CATEGORIES AND PRIZING**  
**BAG CHECK**  
**POST-EVENT BREAKFAST**  
**TIMING AND RESULTS**  
**DRAW PRIZES**

OR CALL THE EVENT HOTLINE AT 604-720-8534

## PRIZING AND AWARDS

### PRIZING

All prizing is awarded based on gun time, not chip time, in accordance with IAAF rules.

### NEW FOR 2005!

Cash prizes for top 3 males and females in each race.

Overall Males & Females:	1st	2nd	3rd
5k	\$100	\$75	\$50
10k	\$200	\$150	\$100
Half	\$300	\$200	\$150

### AGE GROUP PRIZING

Age groups are based on participant's age as of Dec. 31, 2005. The FILA Fall Classic has two genders in 7 age groups: Under 20, 20-29, 30-39, 40-49, 50-59, 60-69 and 70+. The Men's and Women's Age Group prizing is as follows:

Age Group:	1st	2nd	3rd
5k	FILA shoes	FILA bag	FILA hat
10k	FILA shoes	FILA bag	FILA hat
Half	FILA shoes	FILA bag	FILA gloves

### BC ATHLETICS 10K CHAMPIONSHIPS

BC Athletics members (Competitive & Masters only) are eligible for Championship awards as follows:

**Medals** to top 3 overall males and females in Junior (16-19), Open (20-39) and Masters (40+).  
**Ribbons** to 1st, 2nd & 3rd males and females in 5-year Masters age groups 40-44, 45-49, ... , 65-69, 70+.

### FILA FOOTRACE SERIES

The FILA Fall Classic is pleased to be the Championship race in the FILA Footrace Series. Participants accumulate points by competing in a minimum of 3 (out of 4) races in 2005.

At the end of the Series, the top 3 men and women in *each* Series age division (Under 20, 20-29, 30-39, 40-49, 50-59, 60-69, 70+) win cash prizes as follows:

1st place in Series .....	\$200
2nd place in Series.....	\$100
3rd place in Series.....	\$50

**FILA** **footrace**  
**SERIES**

Check [www.racketsandrunners.ca](http://www.racketsandrunners.ca) for the 2006 schedule of events.

## CHARITY OF CHOICE-PLEDGE FORM

Pledge proceeds from the FILA Fall Classic go to the Heart and Stroke Foundation of B.C. & Yukon. To pledge/donate online visit [www.heartandstroke.ca/fuforheart](http://www.heartandstroke.ca/fuforheart). Pledge forms and incentive levels also available online.

Please submit pledges in person on race day at the Heart and Stroke Foundation booth.

For more information on heart health contact 1-888-473-4636.

### 2005 OFFICIAL FILA FALL CLASSIC PLEDGE FORM

LAST NAME \_\_\_\_\_ FIRST \_\_\_\_\_ PHONE \_\_\_\_\_ CITY \_\_\_\_\_ POSTAL \_\_\_\_\_

ADDRESS \_\_\_\_\_

Donor Information: Complete names, addresses and postal codes are required for receipting purposes.

DONOR NAME	ADDRESS	CITY	POSTAL CODE	\$ PLEDGED

Cheques payable to: Heart and Stroke Foundation of BC & Yukon. Tax receipts issued for \$10 or more. TOTAL \$ \_\_\_\_\_

FOR VERIFICATION: Submitted \$ \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Prize picked up:  Yes  No Initials \_\_\_\_\_

## MAIL-IN ENTRY

Event entered:  5K  10K  Half Marathon

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Sex:  M  F Age on Dec 31/05 \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_  
 YY MM DD

Address \_\_\_\_\_

City \_\_\_\_\_

Prov/State \_\_\_\_\_ Postal Code \_\_\_\_\_

Email address \_\_\_\_\_

Phone # \_\_\_\_\_

Fees-check one:	5k	10k	Half	Amount
By Aug. 31/05.....	<input type="radio"/> \$20	<input type="radio"/> \$25	<input type="radio"/> \$40	
By Oct. 31/05.....	<input type="radio"/> \$25	<input type="radio"/> \$30	<input type="radio"/> \$50	\$ _____
By Nov. 19/05.....	<input type="radio"/> \$30	<input type="radio"/> \$35	<input type="radio"/> \$60	

(Optional) I wish to make a donation to the Heart and Stroke Foundation of BC & Yukon in the amount of (tax receipt issued for \$10+) ..... \$ \_\_\_\_\_

BC Athletics members deduct \$3 ..... \$ \_\_\_\_\_

2005 BCA number: \_\_\_\_\_

**Total Payable: \$ \_\_\_\_\_**

Where did you find out about the FILA Fall Classic?  
 \_\_\_\_\_

### PAYMENT INFORMATION

Cheque: made payable to Rackets & Runners

VISA/MC # \_\_\_\_\_

Expiry \_\_\_\_\_ Signature \_\_\_\_\_

Name of cardholder if different from above:  
 \_\_\_\_\_

### WAIVER

In consideration of your accepting this entry, I hereby for myself, my heirs, executors and administrators waive and release any and all rights or claims for damages I may have against the organizers and their agents, representatives, successors and assigns, and the race sponsors, for any and all injuries I may sustain during the course of the event.

Date \_\_\_\_\_

Signature of Participant \_\_\_\_\_

**TIME**

Event	Start Time	Awards Ceremony
Half Marathon	7:30am	10:30am
10k	9:00am	11:00am
5k	9:30am	11:30am

The start times are assured by countdown timers, so plan accordingly!  
 Due to the logistics of the course and our desire to provide a smooth event for everyone, runners will be permitted to start up to 15 minutes after start time, but no later.

**WHERE**

The heart of the UBC campus is the host site. The Start line is near the UBC Bookstore. The race day athletes village is located in the ballroom of the Student Union Building.

**RACE ROUTE**

Download your own race map from [www.fallclassicrun.ca](http://www.fallclassicrun.ca) to prepare yourself for race day!

**REGISTRATION**

Sorry, but there will be no race day registration.

Register in person at any 5 store locations **up to Monday, November 14<sup>th</sup>** (or at the package pickup times for each store). **All entries dropped off at any Rackets and Runners store are eligible for a draw for a FREE pair of FILA running shoes!**

**Yaletown Walk & Run:** 604.684.0786  
 100-1260 Hamilton Street (at Drake), Vancouver

**Rackets & Runners—Richmond:** 604.271.0786  
 #485-9100 Blundell (Garden City Shopping Centre)

**Rackets & Runners—Vancouver:** 604.733.9211  
 3880 Oak Street (at 23rd Avenue)

**Rackets & Runners—Burnaby:** 604.291.7900  
 3997 Hastings Street (Burnaby Heights)

**Rackets and Runners – West Van:** 604.913.1700  
 1409 Bellevue Avenue

**OR REGISTER ONLINE**

at [www.fallclassicrun.ca](http://www.fallclassicrun.ca) until Monday Nov. 14<sup>th</sup>, 2005

**OR BY FAX**

to 604-291-7970 up to Saturday, Nov. 19<sup>th</sup> at noon.

**OR BY MAIL**

to: Rackets & Runners, 3997 Hastings St, Burnaby, BC V5C 2H8 (if postmarked by Nov. 11<sup>th</sup>)

*Feel like preparing for the 5k, 10k or half-marathon distance with a group of people?*

Rackets & Runners is hosting some comprehensive and fun-filled clinics for people who like the structure and camaraderie of training with others. We have clinics for beginners seeking a positive first race experience or experienced runners looking to win some big prizes at the FILA Fall Classic.



**5K/10K**

Beginners and casual runners are welcome to select their distance and join our group that meets on Mondays in Burnaby or Thursdays at Oak Street.

**PEAK**

This is for experienced runners looking for some serious training to set PB's at any of the FILA Fall Classic distances. Choose from two venues on Monday nights at either Oak Street or our new West Van location.

**HALF MARATHON**

Every Saturday morning at 8:30am at Oak Street you can join a group run with experienced clinic leaders.

All clinic participants are welcome at our 6:30pm quality training sessions on Wednesday evenings at Oak, Burnaby or West Van.

**Features of all clinics include:**

- FILA Technical running piece
- Online and In Person coaching
- Discounts at Rackets & Runners
- Unlimited support and motivation!

**YOU CAN DO THIS!**

Register online ([www.racketsandranners.ca](http://www.racketsandranners.ca)) or at any Rackets and Runners location. Registrations for the clinics will be accepted up to September 24<sup>th</sup>\*, but get in early to take full advantage of the training. It's fun and keeps you motivated to succeed!

Clinic Hotline is **604-732-6234**. Or email for more information at [clinics@racketsandranners.ca](mailto:clinics@racketsandranners.ca).

\* Registration is limited in each clinic to ensure maximum attention to each participant

**SPONSORED BY**



**OPTIONAL FILA FALL CLASSIC SOUVENIRS**



New for 2005 is online ordering of the FILA Fall Classic souvenirs where you are guaranteed to get the size you ordered. We're using a fancy countdown counter for each size that we have available. To check your size before you buy, visit the Burnaby Rackets and Runners location at 3997 Hastings Street (3 blocks east of Boundary), or order based on chest sizes as indicated on the online registration page. (A limited supply of FILA technical running tights are also available through online registration.)



**THE 22<sup>nd</sup> ANNUAL FALL CLASSIC**  
**5k / 10k / Half Marathon**

PRESENTED BY



**THE LAST GREAT RUN OF THE YEAR!**  
*You'll love the new certified routes!*

**Half – 7:30am Start**  
**\*10k – 9:00am Start**  
**5k – 9:30am Start**

**SUNDAY NOVEMBER 20<sup>th</sup>**  
**UBC, Vancouver, Canada**

**EVENT HOTLINE at 604-720-8534**  
**[www.fallclassicrun.ca](http://www.fallclassicrun.ca)**

**\*2005 BC Athletics 10k Road Championships**